



Independent
Adult Day Centers

South Indy



September 2025

Monthly Newsletter



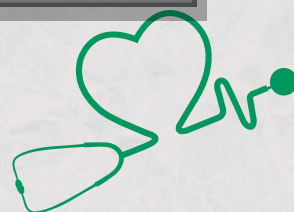
Tamyia Gould
Executive Director

Community Events

Hey everyone! I hope you all have had a super summer! In August, we had so much fun. Our White Out party was a huge success and our Carnival Day was a blast.

September is here and we have all the fall activities ready to go. We will be holding a Pizza and Pajama Day—be ready to wear your comfy pjs and enjoy some pizza. Also, Adult Day Services Week is September 22nd-26th. We are celebrating Hispanic Heritage Month and cultural music diversity. Be on the lookout for a flyer packet with all the details of each day's activities.

See you in September!



Events & Outings

Want to access your guest rights?

You can also always find your rights at:
<https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>

9/2	Dollar Tree
9/4	Casino
9/8	Ollie's Store
9/10	Buffalo Wild Wings
9/12	Goodwill
9/15	Mission 27 Thrift Store
9/16	Milk & Honey Coffeehouse
9/17	Buffalo Wild Wings
9/29	Happy Days
9/30	Bowling



Did You Know?

The CDC recommends that older adults receive their updated flu and COVID-19 vaccinations in the fall.

CDC, 2025

GUEST REFERRAL BONUS: Did you know that IADC offers a guest referral bonus of \$200? If you know someone who can benefit from our services, you could benefit, too! Let us know today! Go to adultday.com/guest-referral-bonus-program for additional details!