Bananas (1 whole), Milk

JULY 2025



Adult Day Centers						
Monday	Tuesday	Wednesday	Thursday	Friday		
7	Scrambled Eggs, Bacon, WG Toast w/ Butter & SF Jam, Fresh Fruit, Milk BBQ Chicken Pizza, Waldorf Side Salad, Watermelon Ice, Milk Cheese Cubes & Apple Slices, Milk	Creamy Grits, Sausage Links, WG Toast w/Butter & SF Jam, Fresh Fruit, Milk Turkey Burger w/Cheese, Baked Sweet Potato Fries, Cucumber and Avocado Salad, Fruit, Milk Fresh Fruit, Yogurt Parfait w/Granola, Milk	Western Omelet Bake, WG Toast w/ Butter & SF Jam, Fresh Fruit, Milk Grilled Pork and Peaches, Potato Salad, Fruit, Roll, Milk Peanut Butter & 'Carr' Water Crackers, Milk	Breakfast Pizza w/Egg, Fresh Fruit, Milk Chicken Marsala, Asparagus, WG Garlic Bread, Fruit Cup, Roll, Milk Banana Nut Bread & Milk		
French Toast w/Fresh Berry Compote & Warm Syrup, Sausage Links, Fresh Fruit, Milk Strawberry Basil Chicken, Green Beans, Bread, Milk Beef Bologna Slices w/Cheddar Cheese Cubes & 'Carr' Water Crackers, Milk	Oatmeal Bar: w/Butter, Brown Sugar & Dried Cranberries, Crisp Bacon, Fresh Fruit, Milk Homemade Meatballs, Baked Potato, Quick Pickles, Fruit Cup, Milk Blueberry Bread Loaf & Milk	Quiche Lorraine (Bacon, Caramelized Onion, Cheddar), Fresh Fruit, Milk Grilled Catfish Sandwich, Apple and Endive Salad, Roasted Fingerling Potatoes, Milk Blueberry Bread Loaf & Milk	Blueberry Pancakes w/Warm Syrup, Sausage Links, Fresh Fruit, Milk Grilled Chicken Caesar Salad, Ultimate Potato Soup, Sauteed Pears, Milk Egg Salad & 'Carr' Water Crackers, Milk	Biscuits and Gravy, Fresh Fruit, Milk Ground Beef Tacos, Green Bean, Corn, and Carrot Salad, Mexican Rice, Fruit Cup, Milk Peanut Butter & Apple Slices, Milk		
Breakfast Sandwich on English Muffin, Fresh Fruit , Milk Stewed Ham & Beans w/ Diced Onion Garnish, Sauteed Apples, Cornbread, Milk Nutella & Halved	Scrambled Eggs, Bacon, WG Toast w/ Butter & SF Jam, Fresh Fruit, Milk Tasty Chicken Tenders, Mac & Cheese, Broccoli Salad, Fruit Cup, Milk Cheese Cubes & Apple Slices, Milk	Creamy Grits, Sausage Links, WG Toast w/Butter & SF Jam, Fresh Fruit, Milk Grilled BBQ Pork Tenderloin, Garlic Mashed Potatoes, Coleslaw, Roll, Grilled Apples, Milk Fresh Fruit, Yogurt Parfait w/Granola, Milk	Western Omelet Bake, WG Toast w/ Butter & SF Jam, Fresh Fruit, Milk White Chicken Chili, Skillet Mexican Street Corn, Blackberries and Cream, Whole Wheat Roll, Milk Peanut Butter & 'Carr' Water Crackers,	Breakfast Pizza w/Egg, Fresh Fruit, Milk Braised Beef Tips, Brown Rice, Red Cabbage Salad, Fruit Cup, Milk Peanut Butter & Apple Slices, Milk		

Milk

JULY 2025



Monday	Tuesday	Wednesday	Thursday	Friday		
21	22	23	24	25		
French Toast w/Fresh Berry Compote & Warm Syrup, Sausage Links, Fresh Fruit, Milk Grilled All Beef Hot Dogs, German Potato Salad, Grilled Peaches, Milk Beef Bologna Slices w/Cheddar Cheese Cubes & 'Carr' Water Crackers, Milk	Oatmeal Bar: w/Butter, Brown Sugar & Dried Cranberries, Crisp Bacon, Fresh Fruit, Milk Roasted Chicken Salad, Broccoli Cheddar Soup, Fruit Cup, Milk Blueberry Bread Loaf & Milk	Quiche Lorraine (Bacon, Caramelized Onion, Cheddar), Fresh Fruit, Milk Beef Enchiladas, Cucumber and Pear Salad, Milk Blueberry Bread Loaf & Milk	Blueberry Pancakes w/Warm Syrup, Sausage Links, Fresh Fruit, Milk Chicken Breast with Tomatoes and Caper, Zucchini, Strawberries, Whole Wheat Roll, Milk Egg Salad & 'Carr' Water Crackers, Milk	Biscuits and Gravy, Fresh Fruit, Milk Tuna Alfredo, Caesar Salad, Blueberry and Papaya Fruit Salad, Milk Peanut Butter & Apple Slices, Milk		
Breakfast Sandwich on English Muffin, Fresh Fruit , Milk Salmon and Tomato, Mushroom Risotto, Strawberry Spinach Salad, Milk Nutella & Halved Bananas (1 whole), Milk	Scrambled Eggs, Bacon, WG Toast w/ Butter & SF Jam, Fresh Fruit, Milk Cheeseburger w/Lettuce, Tomato, Pickle on Brioche, Roasted Fingerling Potatoes, Fruit Cup, Milk Cheese Cubes & Apple Slices, Milk	Creamy Grits, Sausage Links, WG Toast w/Butter & SF Jam, Fresh Fruit, Milk Alice Springs Chicken, Baked Potato, Roasted Asparagus, Fruit Cup, WG Roll, Milk Fresh Fruit, Yogurt Parfait w/Granola, Milk	Western Omelet Bake, WG Toast w/ Butter & SF Jam, Fresh Fruit, Milk Lasagna, Side Salad, Grapes, Garlic French Bread, Milk Peanut Butter & 'Carr' Water Crackers, Milk			
Breakfast is served from 8:00- 9:00am daily and is listed in gold. A continental breakfast assortment is available for guests who arrive after 9:00am. Afternoon snacks are served at 3:30pm daily and are listed in green.	An assortment of beverages are available daily, including water, juice, coffee, tea and milk. A chef's salad or grilled cheese alternative is available daily for the lunch main course.	*** Menu is subject to change based on ingredients availability ***				