



Independent
Adult Day Centers
Northwest Indy



May 2025

Monthly Newsletter



Charlotte Center
Executive Director



Bill M.

Guest of the Month

Bill is our "Guest of the Month" for May. Bill enjoys participating in bingo, checkers, going on walks, basketball, museums, and going on river boat cruises. His favorite places to travel include Italy, France, Colorado, and Washington, D.C.

Bill enjoys spending time with his friends, his brother, Jerry, his cousins, and his sister, Brenda. It is important for Bill to keep himself strong and resilient to experience each new day and keep his faith. He loves movies, books, and history. Come on into our center to meet our good friend, Bill!



Events & Outings



Did You Know?

Physical activity in aging adults helps prevent or manage many chronic health conditions and can reduce the risk of moderate or severe functional limitations.

CDC 2024

5/1 Casino
5/2 Popcorn World
5/5 Movies
5/6 Walmart
5/7 Tropical Smoothie Café
5/8 Pancake House
5/9 Picnic in the Park
5/9 Mother's Day Gift Bag
5/12 MCL
5/13 Donut Depot in Center
5/14 Mug & Bun
5/15 Casino
5/16 Dollar Tree
5/19 Noble Romans Pizza
5/20 Wal-Mart
5/21 Twin Peaks
5/22 Women's Outing
5/23 Picnic in the Park
5/27 Goodwill
5/28 Fazoli's
5/30 Tropical Fruit Smoothie Café

Want to access your guest rights?

You can also always find your rights at:
<https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>



GUEST REFERRAL BONUS: Did you know that IADC offers a guest referral bonus of \$200? If you know someone who can benefit from our services, you could benefit, too! Let us know today! Go to adultday.com/guest-referral-bonus-program for additional details!