



Independent  
Adult Day Centers

Northeast Indy/  
Hamilton Co.



May 2025

## Monthly Newsletter



### Guest of the Month

Calvin S. was born in North Carolina. He comes from a big family, including 13 brothers and sisters. Calvin is the youngest. His two brothers were the most influential people in his life because they taught him so much.

Calvin became a sand chemist and met his wife, Doris, at a fast food restaurant. He has two daughters, Nicki and Carla, which he loves very much. He enjoys travel and his favorite vacation location is Las Vegas. Calvin has had a lot of achievements in his life, but his favorite was his job upgrade which included more money and made the position more interesting.

Calvin loves sports (Pacers) and loves to exercise. He has a motto that he lives by which is "One step at a time, but always forward." He loves coming to the center. His favorite part about attending IADC is his showers and treatment.



Calvin S.







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## Events & Outings

- 5/1 Picnic
- 5/2 Bath & Body Works
- 5/6 Five Below
- 5/7 Jersey Mike's
- 5/8 Bowling
- 5/9 Cookie Drive
- 5/12 Kohl's
- 5/14 Noodles & Company  
Women's Outing
- 5/15 Noodles & Company  
Men's Outing
- 5/16 Frosty Drive Around
- 5/19 McDonald's Drive  
Around
- 5/20 Dunkin' Donuts Coffee
- 5/22 Picnic
- 5/23 Hobby Lobby
- 5/28 Tequila Sunrise
- 5/29 Dairy Queen Drive  
Around
- 5/30 Casino



### Did You Know?

Physical activity in aging adults helps prevent or manage many chronic health conditions and can reduce the risk of moderate or severe functional limitations.

CDC, 2024

### Want to access your guest rights?

You can also always find your rights at: <https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>

**GUEST REFERRAL BONUS:** Did you know that IADC offers a guest referral bonus of \$200? If you know someone who can benefit from our services, you could benefit, too! Let us know today! Go to [adultday.com/guest-referral-bonus-program](https://adultday.com/guest-referral-bonus-program) for additional details!