



March 2025

Monthly Newsletter



Guest of the Month

Earl was born in December 1931 in Tennessee. His father took him out of school in the 4th grade to work and help the family. He moved away at the age of 18 to Carbondale, Illinois, working on the railroad. Earl and his coworkers lived about 50 miles from the worksite, so they made two box train cars into small rooms with bunk beds, food, and essentials.

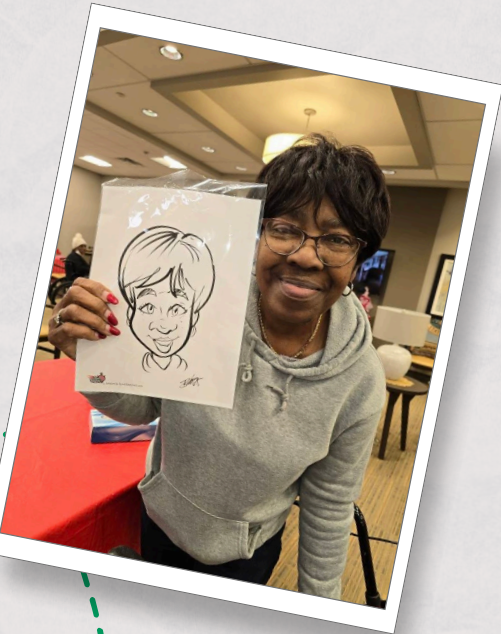
Due to work being so far away, they would go to work on Monday and stay in the box cars until Friday. Earl says his life was great and he made lots of money. Earl married three times with a total of three children. The greatest accomplishment for him was moving away from Tennessee.



Earl O.



Events & Outings



- 3/3 Casino
- 3/4 Mardi Gras Party
- 3/5 Mexican
- 3/6 Wal-Mart
- 3/7 Bowling
- 3/10 Pizza
- 3/11 Garfield Park
- 3/14 Dairy Queen D.A.
- 3/18 Casino
- 3/19 Philly Cheesesteak
- 3/20 Picnic in the Park
- 3/21 Ross
- 3/24 Dollar Tree
- 3/25 Ollie's
- 3/26 Firehouse Subs
- 3/27 Holiday Park
- 3/21 Arcade

Want to access your guest rights?

You can also always find your rights at:
<https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>

Did You Know?

Healthy aging means adopting healthy habits and making positive lifestyle choices that contribute to health and well-being as we grow older. These habits may include: Nutrition, physical activity, mental functioning, and social well-being.

CDC 2024

