



Independent  
Adult Day Centers

Northeast Indy/  
Hamilton Co.

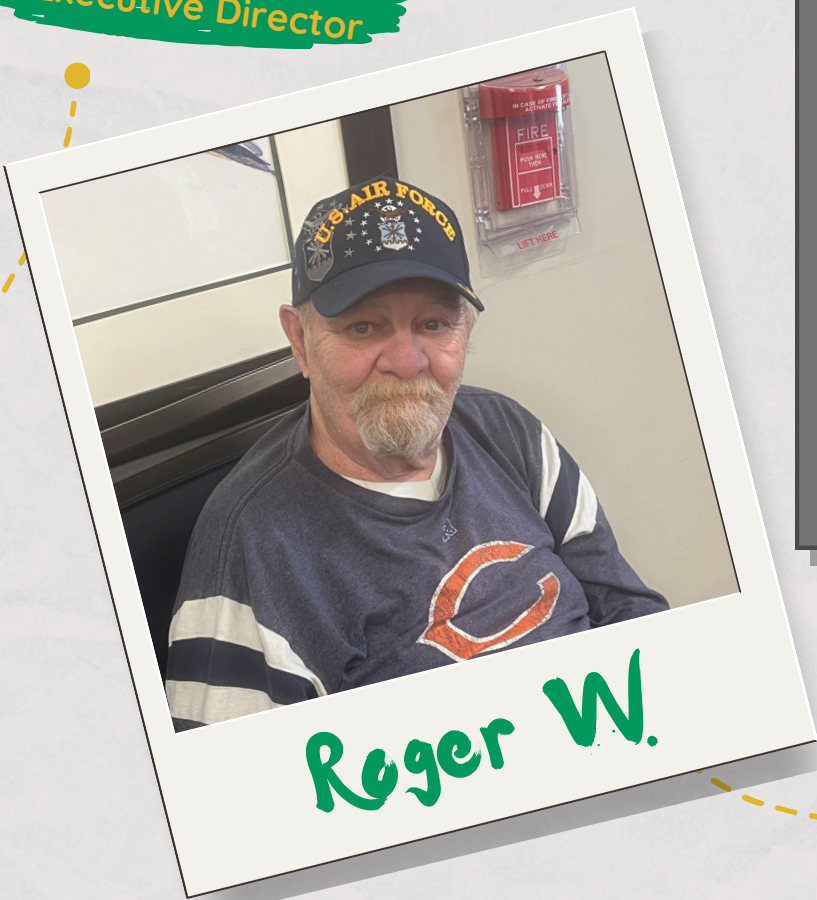


February 2025

# Monthly Newsletter



Charlotte Center  
Executive Director



Roger W.

## Guest of the Month

Roger was born in Arkansas with his brother and stepsister. His favorite childhood memory is fishing.

He previously worked as a cab driver and was in the Air Force. Roger has one daughter, and he loves going to the casino.

His favorite part about attending the center is exercise, taking his showers, and going on outings.

In his free time, Roger enjoys smoking cigars and one piece of advice would be to join the military. Come in and meet our good friend, Roger!





## Events & Outings

- 2/3 Target
- 2/5 Tequila Sunrise
- 2/6 Starbucks
- 2/7 Dragon House
- 2/11 Roost
- 2/12 Hobby Lobby
- 2/13 Dollar Tree
- 2/14 Casino
- 2/17 Dairy Queen Drive  
Around
- 2/18 Five Below
- 2/19 Woodland Bowling
- 2/21 Puccini's
- 2/24 Wal-Mart
- 2/26 Steak n Shake Men's  
Outing
- 2/27 Steak n Shake  
Women's Outing
- 2/28 Cookie Drive Around



### Did You Know?

Fall prevention is essential. One out of ten falls results in an injury that causes older adults to restrict their activities for a day or more or to seek attention from the healthcare system.

CDC, 2024

### Want to access your guest rights?

You can also always find your rights at: <https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>

