



February 2025

Monthly Newsletter



Tamyia Gould
Executive Director

Community Events

Hey everyone! I hope you all have been staying warm and safe during the cold and snowy winter!

In January, we held our decades party, a Mad Hatters tea party, and a casino day! Let's jump on into February! We will be having a pre-game Super Bowl party with some game day foods and Super Bowl bingo! Join us for our special Valentine's Day masquerade on February 14th.

We will be celebrating Black History Month during the week of the 17th by highlighting a person that is a part of Black history with a fun presentation each day of the week. On Monday, the 24th, Merlin the Mini Horse will be paying us a visit here at the center. Come on in and join us for a fun-filled February!



Events & Outings

Want to access your guest rights?

You can also always find your rights at:
<https://adulthood.com/guests-we-serve/adult-day-services-guest-rights/>

- 2/3 Hobby Lobby
- 2/5 Yummy Bowl
- 2/7 Wal-Mart
- 2/10 Inner Path Store
- 2/11 Five Below
- 2/12 Buffalo Wild Wings
- 2/13 El Ezabache
- 2/17 Five Guys
- 2/18 Golden Corral
- 2/21 Bowling
- 2/25 Eiteljorg Museum
- 2/26 Fazoli's
- 2/27 Great Times



Did You Know?

Fall prevention is essential. One out of ten falls results in an injury that causes older adults to restrict their activities for a day or more or to seek attention from the healthcare system.

CDC, 2024