



Independent
Adult Day Centers

Northeast Indy/
Hamilton Co.



January 2025

Monthly Newsletter



Charlotte Center
Executive Director



Cassandra K.

Guest of the Month

Cassandra K. is our guest of the month for January. Cassandra has been bringing smiles to the faces of staff and guests since 2022. Her positive energy and big smile are infectious.

In her free time, she enjoys painting on canvases and making artwork for the people she cares about, reading books, and journaling. She gives praises to her Aunt Maggie, Uncle Rich, Aunt Jess, friend Julie, and caregiver Deseray for making her laugh and keeping her spirits up and bright.

Kindness is her favorite self-characteristic. While at the center, she enjoys socializing with friends and staff, attending outings, and a fun game of bingo!





Events & Outings

- 1/2 Casino
- 1/3 Pottery By You
- 1/6 Five Guys
- 1/7 Arcade Outing
- 1/8 Scenic Drive DQ
- 1/10 Women's Outing
- 1/13 Philly Cheesesteak & Fries
- 1/14 Hobby Lobby
- 1/15 Wal-Mart
- 1/15 70s Themed Party
- 1/16 Casino
- 1/17 Top Golf
- 1/20 Speedway Go-Karts
- 1/21 Scenic Drive
- 1/22 Mississippi Bell
- 1/23 Bowling Alley
- 1/27 Game Show Arcade
- 1/28 Casino
- 1/29 Hot Box Pizza
- 1/30 Spa Day
- 1/31 Guest Birthday Party



Did You Know?

People who have close, supportive relationships have been shown to live longer, have less stress, better overall physical and emotional health, decreased feelings of loneliness, and greater quality of life.

CDC, 2024

Want to access your guest rights?

You can also always find your rights at: <https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>

