



July 2024

Monthly Newsletter



Craft time at
IADC



Geoffrey W.

Guest of the Month

Geoffrey was born here in Indianapolis on June 8th. He has three brothers and one sister. Geoffrey graduated from Tech High School and went to Indiana University. He enlisted in the USAF as an officer and was stationed in Greenland.

He always looked forward to returning to his Indiana roots. One lesser-known fact about Geoffrey is he enjoys smoking cigars. He enjoys coming to Independent Adult Day Center to socialize with other guests, as well as staff.

Geoffrey's favorite quote happens to be scripture; "I can do all things through Christ who strengthens me."



Events & Outings



- 7/1 Casino
- 7/3 Slim Chicken
- 7/5 Wal-Mart
- 7/9 Casino
- 7/11 Yummy Bowl
- 7/15 Movie
- 7/17 Five Below
- 7/19 Famous Daves
- 7/23 Cracker Barrel
- 7/25 Bowling
- 7/29 Goodwill
- 7/31 Applebee's

Want to access

your guest rights?

You can also always find your rights at:
<https://adulday.com/guests-we-serve/adult-day-services-guest-rights/>

Did You Know?

Staying cool in hot temperatures is essential for summer health. To stay cool, drink plenty of fluids and wear light-colored, loose-fitting clothes in natural fabrics.

NIH, 2024

