



Independent  
Adult Day Centers

Northeast Indy/  
Hamilton Co.



July 2024

# Monthly Newsletter



Charlotte Center  
Executive Director



Kim J.

## Guest of the Month

This month our Guest of the Month is Kim J. Kim comes from Dunkirk, Indiana and was raised with five brothers. One of her fondest memories is mudhole fishing with her mom.

Yellowstone National Park holds a special place in her heart. She enjoys watching the wildlife there. Her favorites to watch are the buffalo and black bears. In Kim's free time she enjoys spending time with her dog, Bear, adult coloring, and watching a good comedy.

She says learning to love herself all over again is her most loved trait about herself. At IADC, Kim enjoys telling jokes and laughing with those around her, dancing with Sean, reading the Chronicle with friends, and doing chair exercises. Please feel free to sit with her and have a fun conversation!





## Events & Outings

- 7/1 Woodland Putt Putt
- 7/2 Taylor's Bakery
- 7/3 Tequila Sunrise
- 7/5 Walmart
- 7/8 The Journey - Men's  
Lunch Outing
- 7/9 Dairy Queen
- 7/11 The Journey -  
Women's Lunch Outing
- 7/12 Woodland Bowling
- 7/15 Movie Outing
- 7/16 5 Below Shopping
- 7/17 Paradise Shaved Ice
- 7/18 Panda Express
- 7/19 Cookie Drive Around
- 7/22 Oreo Drive Around
- 7/23 City BBQ
- 7/24 Hobby Lobby
- 7/25 Casino
- 7/26 McDonald's
- 7/29 Portillo's
- 7/30 Wendy's Frosty Outing
- 7/31 Woodland Laser Tag



### Did You Know?

Staying cool in hot temperatures is essential for summer health. To stay cool, drink plenty of fluids and wear light-colored, loose-fitting clothes in natural fabrics.

NIH, 2024

### Want to access your guest rights?

You can also always find your rights at: <https://adultday.com/guests-we-serve/adult-day-services-guest-rights/>

