



April 2024

Monthly Newsletter



Tunisha Owens
Executive Director



Jeanenne B.

Guest of the Month

Jeanenne B. is our guest of the month for April. Jeanenne grew up in Indianapolis, IN. Growing up, she enjoyed participating in gymnastics, cheerleading, and being a part of the swim team.

Her favorite part of visiting this location is Bingo and being social while she's here. Her favorite color is orange and, not many people know, but she has been dating her boyfriend, Victor, for almost three years.

She enjoys listening to all music, but especially LL Cool J, Boys II Men, and KC & JoJo. Come on in and get to know Jeanenne!



Events & Outings

New L.E.D.

Hello! My name is Mona Clark, and I would like to formally introduce myself as the new L.E.D. at our NW Indy location. I come with over 25 years of experience in long-term care, as well as assisted living. I am eager to be a hands-on contributor in making this location the best experience for each of you, as well as being a helpful resource for your families.

My husband and I have been married 39 years and we live in Whitestown. We have three children and two wonderful grandchildren. I like to spend time with my family and participate in community projects. I am thrilled to be here and look forward to working and growing with IADC.

- 4/1 Casino
- 4/3 Golden Corral
- 4/5 Dollar Tree
- 4/9 Denny's
- 4/11 Mayberry Café
- 4/15 Casino
- 4/17 Freddy's Frozen Custard
- 4/19 Outback Steakhouse
- 4/23 Wal-Mart
- 4/25 Bowling Trip
- 4/29 Applebee's

Want to access your guest rights?

You can scan the QR code to the left by opening your camera on your smartphone, then clicking the link that appears on the screen in your camera view.

You can also always find your rights at <https://adulthood.com/guests-we-serve/adult-day-services-guest-rights/>

Did You Know?

Senior adults need lots of sleep to remain healthy and give their body time to recover from the prior day. Adults need at least 7 hours of sleep per night.

*Center for Disease Control & Prevention, 2024

