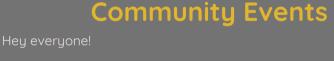




## Monthly Newsletter

## Tamyia Gould Executive Director



I hope you all had an amazing November! We have had quite some fun this past month.

We celebrated our veterans with a special program honoring them. We had "Crazy Sock" day and a paper airplane-flying contest!

Looking ahead to December, all holiday events are planned! Our yearly outing to **Beef and Boards** is on **December 14th** (limited space available).

We will be having an **ugly sweater contest** on **December 15th**. Our **holiday party** will take place on **December 21st**—the first day of winter.

Also, our **New Year's party** will be on **December 29th**. The clothing theme for the event is black and white. I hope to see each of you in the month of December for our fun holiday events!







## **Outings**

**Golden Corral** 12/1

 $12/\overline{4}$ Goodwill

12/5Five Guys

**Madison Cafe**  $12/\overline{7}$ 

Fujiyama 12/12

**Happy Days** 12/13

Beef & Boards 12/14

12/19 **Hooters** 

12/20 Library

 $12/2\overline{2}$ **Bowling** 

12/27 Uno's Pizza

12/28**Golden Corral** 





## Did You Know?

Snow and ice are just around the corner. To prevent falls, make sure steps and walkways are clear before you walk. Also, if you use a cane, replace the rubber tip before it is worn smooth.

\*Health In Aging, 2023