



FEBRUARY 2023

8755 GUION RD  
INDPLS, IN 46268



# Independent Adult Day Centers

We Are Committed to Caring

## ED CONNECTION

by Chad Boyer , Executive Director



Happy 2023 to all of our guests!! We started the year off right here at Independent Adult Day Center. The Winter Wonderland party was so much fun and we capped the month off with our Crazy Hat party. February is looking to be a good one. We have our Valentine's Day party so be sure to ask your loved ones to join in the fun. We will also have a Denim party later in the month. As always, please check the outings calendar at the front desk and sign up for the outings you would like to attend. I look forward to starting the new year with all of you. Please do not hesitate to ask me any questions you may have.

### Have you received your COVID Booster?

Doses of the Coronavirus (COVID-19) vaccine are now available for ALL Hoosiers. If you have already received both initial doses, you may work with your Center or with HCC to schedule a third dose. We can schedule and coordinate transportation to and from your vaccination appointment. In addition to social distancing, mask-wearing and other infection control protocol, receiving the vaccine and booster shot provides an additional level of protection to keep you and your loved ones safe. Research has shown that being vaccinated and boosted can lessen the severity of symptoms for those who contract the virus.

In addition to the COVID-19 vaccine, our medical services team can get you scheduled for newly-available antibody therapy to reduce any potential effects of infection.



Contact Us to  
schedule your appointment!

- Guion: 317-296-8810
- Shelby: 317-296-8811
- Fishers: 317-296-8812
- Home Health: 317-296-8813
- Attendant Care: 317-296-8814
- Healthcare Coordination Team: 317-608-5485



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# LIFESTYLE ENRICHMENT

What an exciting month of January! The New Year started off exciting with having fun interactive entertainment with local music celebrity Steve Elston. The guests sang a long, danced and shook maracas with Steve. During the month of January guests enjoyed coming into the center socializing with peers, playing cards, karaoke and having lots of laughs doing trivia. Throughout the month of January guests enjoyed learning crafts, going on fun outings and trying new activities. There were lots of fun parties and events last month such as the Winter Wonderland Party on the 19th and The Crazy Hat party on January 26th! Guest started out 2023 with a bang! The month of February we are excited to celebrate love and glamour! We will have a lovely Valentine's Day party on 2/14 and a fun Denim and Diamonds themed party on the 2/24. There will be several different social gatherings throughout the month of February like a Shortbread Social where guests will make shortbread cookies and eat them for their snack! We are looking forward to this month with going on new outings, doing some interactive kitchen activities, enjoying lots of live music performances and learning new crafts. Come have fun with us at the Guion center this February!

## Special Events:

2/14/23- Valentine's Day Party- Come out and celebrate love, enjoy music, dancing and yummy treats!

2/24/23- Denim & Diamonds Party- Come into the center with your favorite jean outfit and enjoy live jazz music with Greg Bacon!



## February Outings

- Wednesday, 2/1- Casino Trip #1
- Tuesday, 2/7- Target
- Thursday, 2/9- Chili's
- Monday, 2/13- Dollar Tree
- Wednesday, 2/15- Olive Garden
- Tuesday, 2/21-Walmart
- Thursday, 2/23 Casino Trip #2
- Monday, 2/27- Lincoln Square Pancake House

