



Independent
Adult Day Care Centers

WHAT IS ADULT DAY CARE?



ADULTDAY.COM

ABOUT IADCC

Independent Adult Day Care Centers is dedicated to maximizing the quality of life for our Guests by providing medical and personalized care in a safe and home-like environment.

OUR GOALS:



Increase ability to remain at home



Promote Guest independence



Decrease loneliness and isolation



Provide respite for the caregiver



Schedule care as needed

Enjoy person-centered activities

Rely on nursing-driven therapy programs

Thrive with dietician-approved meals

Develop meaningful relationships

TRANSPORTATION



We'll pick you up in the morning and bring you home in the evening



Vans are equipped to accommodate both wheelchairs and power chairs



We can transport anyone living in a 10-mile radius of our Centers



Transportation to medical appointments available through our Healthcare Coordination program



CALL (317) 360-0070

OR EMAIL

REFERRALS@ADULTDAY.COM

MEDICAL & PERSONAL CARE

LPN, Certified Nursing and Medical Assistants on staff daily

Help with Activities of Daily Living: bathing, eating, toileting and more

Salon and spa services available weekly

Medication reminders and administration

Diagnosis monitoring: diabetes, CHF and more

Skilled nursing: trach, G-tube, catheter care

Physical, occupational and speech therapy

Comprehensive health assessment completed quarterly for all Guests



HEALTHCARE COORDINATION

AN INNOVATION IN ADULT DAY SERVICES

-  Development and nursing oversight of a Healthcare Support Plan to manage chronic conditions and improve health outcomes
-  Guests accompanied to appointments by a medical professional
-  Medication and supply ordering and management, along with side effect and allergy monitoring
-  Services lead by an RN with an HCC Team devoted to each Center
-  Weekly consultation and reviews: HCC Team meets to review all care needs
-  Regular face-to-face meetings with all Guests
-  Skilled services include: physician consults, wound care and lab findings evaluation, recommendation, follow-up and education

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PERSON-CENTERED CULTURE



Concurrent activities throughout the day



Preferences and choices gladly accommodated



Interactive and engaging pursuits



Dementia-friendly programs



Live entertainment and special events



Essential outings weekly



Self-initiated stations with no-fail concept



Individualized interventions



WELLNESS FOCUSED



Spiritual



Creative



Music



Animal and horticultural therapy



Cooking and baking



Emotional and mental stimulation



Community connections



Intellectual



Physical



Social



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LIFESTYLE



ENRICHMENT



FOOD



PROGRAM

AT IADCC, WE BELIEVE FOOD IS MEDICINE



Breakfast, lunch, and afternoon snack served daily



Chef-prepared meals made from scratch daily in our full-service kitchens



Modifications made for special diets: diabetic, renal, gluten-free, dairy-free and more



All menus approved by a Registered Dietician



We do not serve packaged or processed foods



Top-quality ingredients, from local farms whenever possible



Our beef, chicken, pork, turkey, and eggs all come from Fischer Farms in Southern Indiana

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CAREGIVER BENEFITS

BREAKS AND RESPITE

Reduce stress and avoid burnout

REFUEL

Feel more energetic, focused and invigorated

NORMALCY

Resume working, attend school, or devote time to other family

PEACE OF MIND

Your loved one is supervised in a safe and home-like environment

“My life has changed because I have time to go do things I normally used to do. I have peace of mind that Mom is safe. I am able to go back to the gym and my normal routine, and Mom is in a better mood!”

- Eddie, Caregiver



GUEST TESTIMONIALS

“IADCC allows me to get out of the house, to talk to others, and to create new friendships. I love the exercise, outings, music, and games. The medical staff has helped me with my diet...all the staff are so wonderful and always ready to help. ” - Batina B.



“I’ve been in many places, but I’ve never been in a place like this. I can always count on IADCC for whatever my needs are. I’m really blessed to be able to eat here. I’ve just come from a nursing home, and the food is nothing like it is here.”

- Vera R.

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OUR GUESTS



GUEST TESTIMONIALS

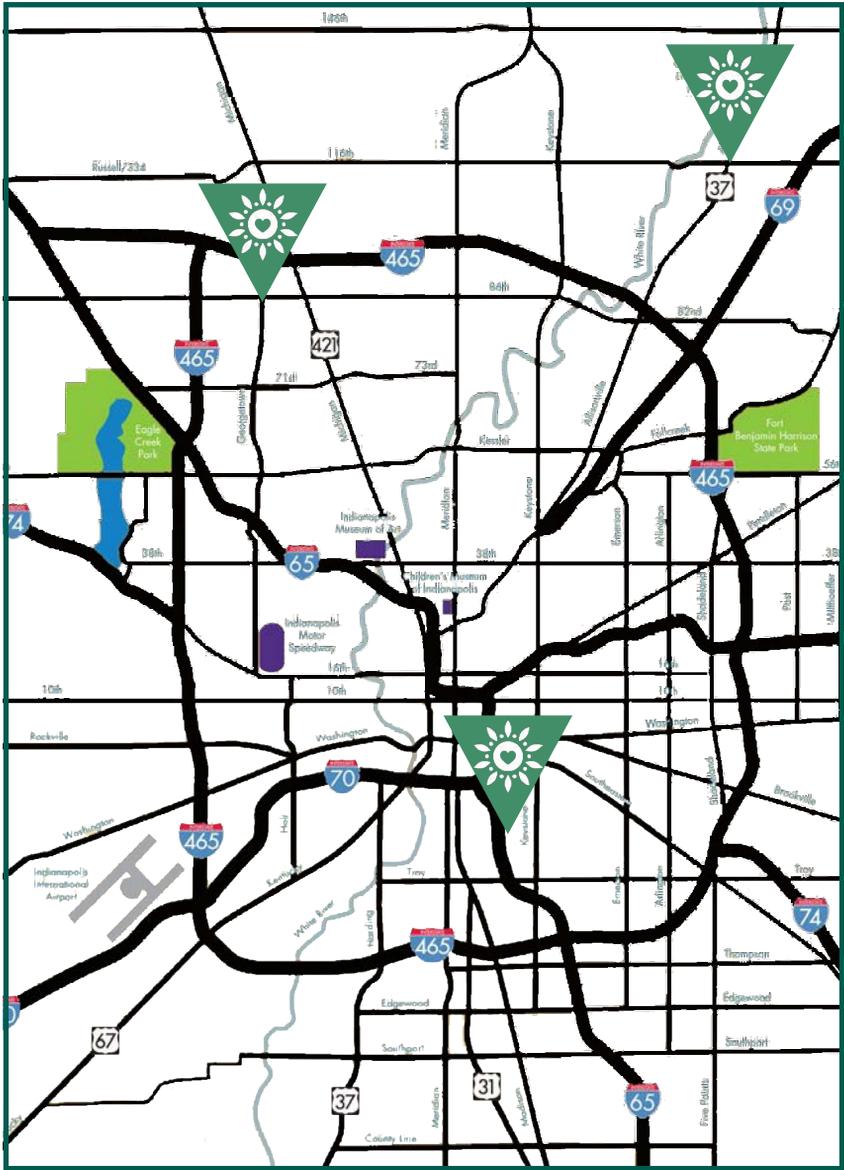
"I enjoy coming to the center now, I come every day. Last week, I won a tablet and this week I won 20 credits playing Bingo and Pokeno! My friend Vera comes with me everyday. I appreciate everyone here." - Nancy R.

"I enjoy coming to the Center every day because I can be around people, instead of being home alone. The staff are always around offering assistance whenever I need it." - Clifton L.

"I enjoy coming to engage in all of the activities and outings. The food is good and overall it's a really nice place. It keeps me moving and active every day. Everyone makes me feel welcomed since I'm new." - Stephen C.

"All the staff does an amazing job working together to take care of all the different types of Guests here. It takes a special person with the right heart and mind, and they have that." - Karen H.

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