

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Biscuits & Turkey Sausage Gravy and Fresh Fruit Turkey Chili / Coleslaw / Cornbread / Sauteed Apples Deviled Eggs	2 Hearty Oatmeal with Dried Fruit Beef Stew / Biscuit w/Apple Butter / Grapes Meat & Cheese Plate	3 Breakfast Pizza with Egg, Fresh Fruit Pan-Fried Trout w/Lemon / Swiss Chard / Sauteed Apples / Parmesan Palenta Homemade Salsa & Tortilla Chips
6 Buttermilk Pancakes with Bananas Foster, Sausage and Fresh Fruit Pasta Carbonara / Fruit Salad / Roasted Broccoli w/Lemon Zest Vegetables and Homemade Dip	7 Cheesy Scrambled Eggs, Breakfast Ham, WG Toast Grilled Porkchop w/Peach Chutney / Baked Sweet Potato / Crispy Brussels Sprouts Fresh Berries & Cottage Cheese	8 Bacon & Cheddar Quiche, Toast with Fresh Fruit Cornmeal Crusted Catfish / Coleslaw / Brown Rice Pilaf / Berry Fruit Salad Apple Slices with Peanut Butter	9 Breakfast Sandwich on English Muffin with Fresh Fruit White Bean Chicken Chili / Sauteed Apples / Cornbread Cheese Cubes & WG Crackers	10 Breakfast Sandwich on English Muffin with Fresh Fruit Roasted Slided Tenderloin w/Apple Raisin Compote / Sour Cream and Chive Mashed Potatoes / Seasoned Cabbage Banana Slices with Homemade Hazelnut Spread
13 Grits with Breakfast Sausage, Whole Grain Toast & Fresh Fruit Chicken Dijonnaise / Creamed Spinach Souffle / Minty Fruit Salad Yogurt Smoothie	14 French Toast with Fresh Berry Compote and Breakfast Sausage Meatloaf / Mashed Red Potatoes / Seasoned Green Beans / Diced Pineapple Homemade Banana Bread	15 Biscuits & Turkey Sausage Gravy and Fresh Fruit Broiled Tilapia / Brown Rice Pilaf / Cole-slaw / Minty Fruit Salad Deviled Eggs	16 Hearty Oatmeal with Dried Fruit Apricot-Glazed Baked Ham / Roasted Brussels Sprouts / Sauteed Apples Meat & Cheese Plate	17 Breakfast Pizza with Egg, Fresh Fruit Sloppy Joe Casserole w/Whole Grain Macaroni / Orange Slices / Cornbread Homemade Salsa & Tortilla Chips

Monday	Tuesday	Wednesday	Thursday	Friday
<div>20</div> <div>Buttermilk Pancakes with Bananas Foster, Sausage and Fresh Fruit</div> <div>Sausage Pizza / Strawberries / Roasted Zucchini Fries</div> <div>Vegetables and Homemade Dip</div>	<div>21</div> <div>Cheesy Scrambled Eggs, Breakfast Ham, WG Toast</div> <div>Beef Stew w/Barley / Honey Cornbread / Cinnamon Peachces</div> <div>Fresh Berries & Cottage Cheese</div>	<div>22</div> <div>Bacon & Cheddar Quiche, Toast with Fresh Fruit</div> <div>Sheet Pan Chicken / Lemon Orzo / Sauteed Apples</div> <div>Apple Slices with Peanut Butter</div>	<div>23</div> <div>Breakfast Sandwich on English Muffin with Fresh Fruit</div> <div>Potato Leek Soup / Tuna Salad Sandwiches / Fruit Salad</div> <div>Cheese Cubes & WG Crackers</div>	<div>24</div> <div>Breakfast Sandwich on English Muffin with Fresh Fruit</div> <div>Turkey Burger / Whole Wheat Bun / Roasted Potato Wedges / Coleslaw</div> <div>Banana Slices with Homemade Hazelnut Spread</div>
<div>27</div> <div>Grits with Breakfast Sausage, Whole Grain Toast & Fresh Fruit</div> <div>Brunswick Stew / Sauteed Apples</div> <div>Yogurt Smoothie</div>	<div>28</div> <div>French Toast with Fresh Berry Compote and Breakfast Sausage</div> <div>Salmon Croquettes / Coleslaw / Brown Rice Pilaf / Blueberries</div> <div>Homemade Banana Bread</div>	<div>29</div> <div>Biscuits & Turkey Sausage Gravy and Fresh Fruit</div> <div>Butternut Squash Soup / Turkey and Swiss Sandwich / Grapes</div> <div>Deviled Eggs</div>	<div>30</div> <div>Hearty Oatmeal with Dried Fruit</div> <div>Sausages w/Apples, Pears, and Onions / Mashed Cider Sweet Potatoes</div> <div>Meat & Cheese Plate</div>	
<div>Breakfast is served from 8:00-9:00am daily and is listed in gold. A continental breakfast assortment is available for guests who arrive after 9:00am.</div> <div>Afternoon snacks are served at 3:30pm daily and are listed in green.</div>	<div>An assortment of beverages are available daily, including water, juice, coffee, tea and milk.</div> <div>A chef’s salad or grilled cheese alternative is available daily for the lunch main course.</div>	<div>*** Menu is subject to change based on ingredients availability ***</div>		